

# St Anne's Check Up

## No. 2



St Anne's House  
DENTAL PRACTICE COOKHAM



Welcome to our newsletter informing you of what's been going on at St Anne's House.

## So what's new? .....

Firstly we have a new Practice Manager **Denise Smith** who joined us in August 2015. Denise is familiar with the area having just returned to Maidenhead after some years away in Bournemouth.

**Michele** remains with us, but in a newly created role of 'Patient Lead' – you will still see her friendly face on reception, along with **Mel** and **Lynne** who complete our front of house team.

We are also slowly giving the premises a facelift, the outside has been repainted and the front garden replanted – unfortunately our wall has been (unintentionally) removed – a long story please ask if interested!! so needs to be rebuilt – and the inside is progressing. The colour will be light grey and you may have noticed our new floral displays in reception, these have been commissioned by our very own **Dr Ash Paul**, who knew he had a flare for flower arranging!!! They are very colourful and add a bright new feel to the reception and along with our cheery staff we hope they will make you feel very welcome!



**Dr Julie Yeung** – is still with us - over 25 years now – and continues with her acrobatic hobby. She performed in an acrobatic show on 6 and 7 March 2015, which some of us attended in The Vault in London – Down the Rabbit Hole. It was brilliant. Based on the Alice in Wonderland story the show consisted of various acrobatic acts by non-professional acrobats but people who are professional in other aspects of life like Julie who was the frog footman on a static trapeze, all very jaw-dropping.



On the family front – following on from the news of our two new grandmas last time. **Manjit and Mel** both grandchildren, Sienna and Dev, are growing up; Sienna was 2 in November and Dev will be 2 in February and both daughters have had baby number two so good news. Manjit now has a second Grandson, Gyaan, and Mel a second granddaughter, Daisy. Also **Ash** has become an uncle for the first time – so lots of baby news!!!

**Diane** - our longest serving Hygienist, hard to believe she has been here since 1991, also has some great family news, her daughter Jess has graduated from Durham University with a History Degree well done – has it really been 3 years!! - and her son Sam started at Henley College in September to do his A Levels. Diane has also just celebrated her Silver Wedding Anniversary – so we have let her have a week off to go on holiday to celebrate - Congratulations x



## Great Rates for 19 – 25 year olds

We understand that when young adults go off to university, begin apprenticeships or start their working life and are no longer eligible for FREE dental care under the NHS, regular dental check-ups and oral hygiene is often well down the 'must do' list. Money is tight and the bank of mum and dad is already stretched with other support costs. Therefore we are keen to offer a reduced charge of £18.80 for a check-up to all of our 19 – 25 year long-standing patients.

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## *So what is new ...*

We have a new nurse **Sylwia Knauf** who joined us in 2015. She nurses with all the dentists from time to time, so you are sure to meet her. She rides to work on a gleaming power motorbike in full leather gear.

Many of you will now have met our newest dentist **Dr Pavan Kumar – Pav**. He aims to keep a smile on his face and also to put a smile on the faces of his patients and he seems to be doing a good job so far. He still amazes us with his out of practice hobbies and activities; he likes cycling, ski-ing, meditation – practicing and teaching and public speaking, - and time permitting (if there is any!!) he also likes reading, golf, travel and driving. He enjoys cooking and we often get to try his treats – delicious!! Very healthy and not bad for your teeth he tells us, but not sure about the waist-line!!

**Pav** has co-hosted a new podcast show to do with healthy living and wellness. The pilot has just been released; Episode 1 is called “Sugar” and is as sweet as it sounds!! The second episode on ‘blenders’ has also just been released. The Podcast is called NO HURRY NO WORRY NO CURRY, on SOUNDCLLOUD – feel free to listen and give feedback!

**Alex**, one of our Hygienists, is a keen cricketer. She plays for North Maidenhead Women’s team. As Team Secretary she organises matches most Sundays during the summer. She also organises training sessions. Alex and Rachael (one of our other Hygienists) also had a go at touch Rugby - sounds fun and less dangerous than the real thing! Rachael also loves ski-ing, particularly snow-bombing festival. She tells us the steepest run is at Hara-kiri, Austria with 78% gradient which she has done several times!!! She also likes the hot weather and has just returned from Christmas in Thailand.

**Ash** captains his hockey club team. Michele cycles and attends regular classes at the gym and does plenty of dog walking with her gorgeous dog Bertie. Diane enjoys swimming - all this exercise makes us sound like a really healthy team. Whilst Lynne only walks she did get plenty of exercise supporting her daughter participating in the ‘Tough Mudder’ assault courses in Henley and Gloucester last year – 13 miles of torture!!!

**Dr Roopa Kukadia BDS, MJDF RCS (Eng), MClintDent, MOrth RCS (Eng) GDC Number 150117** – has now been attending on Saturdays to offer Orthodontic treatments for adults and children and is now also able to offer non-surgical facial aesthetic treatments which reduces frown lines and wrinkles – sounds like a great idea!! – see poster in reception and ask for more details

<b>Treatment</b>	<b>Prices</b>
Botox – one area	£195
Botox – two areas	£249
Botox – three areas	£299
Dermal fillers	From £199



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DENTAL PRACTICE COOKHAM

### *Our expanded team now is as follows*

#### **DENTISTS**

Dr Ash Paul  
Dr Julie Yeung  
Dr Nick John  
Dr Pav Kumar  
Dr Roopa Kukadia

#### **HYGIENISTS**

Diane Angell  
Rachael Baker  
Alex Wetherall

#### **NURSES**

Manjit Bahra  
Sylwia Knauf

#### **RECEPTION**

Denise Smith  
Michele Hutton  
Mel Whitaker  
Lynne Runesson

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