

# FACIAL AESTHETICS

At St. Anne's House, we offer patients a combination of facial rejuvenation treatments. We can use a combination of Botox® and dermal fillers to plump and smooth lines and wrinkles caused by ageing and sun exposure.

## *What is Botox®?*

Botox® is the trade name for the protein (Botulinum Toxin) used cosmetically as a muscle relaxing injection for the treatment of wrinkles and frown lines.

## *How does it work?*

As we age, skin loses elasticity and wrinkles form as the result of the muscle activity. The doses are very low and tiny injections directly into the muscle block the nerve transmission. This relaxes the muscles temporarily which subsequently softens stubborn lines and wrinkles.

## *What are the benefits?*

Botulinum injections are one of the most affordable and effective non-surgical treatments. The procedure is quick and simple. The treatment can take as little as 15 minutes, is almost pain-free and requires no recovery time, meaning you can go back to work straight away. Lines and wrinkles start to smooth out within a few days and can last up to four months. Furthermore, it also prevents new lines forming by relaxing the facial muscles and reducing excessive facial movements.



## What are dermal fillers?

Sun damage, the ageing processes and everyday stresses can take their toll on our skin, causing breakdown of hyaluronic acid present in the skin. Dermal fillers or hyaluronic acid fillers, can be injected using tiny needles to recreate areas that have lost volume.

## What are the benefits?

Like Botox®, the treatment is also quick taking as little as 15 minutes depending on the area. We allow a further 30 minutes for pain relief and recovery. They start to take effect within two weeks and results can last up to 9 months. With time, the body naturally starts to breakdown the filler and top up treatments may be required twice to three times a year to maintain results.

## The service

We aim to provide a good value, professional and reliable service to our clients. This is why we are extremely competitive with our prices.

<b>Treatment</b>	<b>Prices</b>
Botox – one area	£195
Botox – two areas	£249
Botox – three areas	£299
Dermal fillers	From £199



## Who will carry out the treatment?

**Dr Roopa Kukadia** BDS MJDF RCS Eng MClindent

GDC Number: 150117

Orthodontist with a special interest in facial aesthetics, specifically Botox® and dermal fillers.

Roopa has trained for four years alongside head and neck specialists in some of the leading maxillofacial departments in the U.K. She continued her training as a specialist registrar in Orthodontics completing her masters from Queen Mary University of London. She has worked in general practice providing facial rejuvenation over the past 6 years and continues to enjoy combining her orthodontics and facial aesthetics to recreate the perfect smile. She keeps up to date with advances and maintains her professional knowledge by attending training courses and conferences.



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